

The Candida story...

By Denie Hiestand

Candida is the most misunderstood but possibly the biggest infliction that causes multiple symptomatic problems to the highest level ever in human history. We will start at the start. Candida was first identified in the human body in 1915. It was categorized as a one-cell amoeba type fungus. It is not a bacteria. However, it was recognized as a part of our biological terrain. It was non-invasive, it very rarely was known to move from its correct population parameters, prior to the 1940's.

Candida is a fungus that lives in our blood and in all body fluids, connective tissue and mucus glands. In other words, everywhere. In 1953 it was brought to medical science's attention that there were multi symptoms showing up in the human body and an elevated level of the Candida fungus seemed to be the only common denominator.

Some of the 2,500 symptoms identified were massive yeast infections, elevated levels of urinary tract infections, athlete's foot, nail fungal problems, dry skin, jock itch, itchy mouth, cancerous sores, bleeding gums, odorous vaginal discharges, flem, nasal passage blockages, elevated incidence of sinus problems, eye irritations, hair vitality loss, emotional imbalances, endocrine system stress, immune system stress, fight and flight reactivity, pancreatic stress, elevated incidence of thyroid problems, incidence of liver and kidney stress and toxicity, rapid increase in stomach ulceration, increase incidence in constipation or diarrhea, and the biggest an uncontrollable compulsive urge to eat grain and refined sugars which leads to chronic obesity. I could go on for ever, until all 2,500 thousand symptoms were listed, but attention deficit disorder and the precursor to chronic fatigue syndrome, fibro myalgia, etc. are all underpinned by elevated levels of Candida fungus in the body.

In 1953 the Japanese medical authorities, notified the American medical authorities, that there appeared to be a major explosion in these seemingly unconnected symptomatic problems developing in the areas surrounding Hiroshima and Nagasaki and they notified the American authorities that high levels of Candida were always associated with these symptoms. At first that relationship was denied but in the late 1950's they presented 5,000 documented case histories to a Mayo clinic in upstate New York. And so finally the American's looked at the Candida fungus once again, and by this time electron microscopes had been developed and science was starting to unravel the secrets of genetic codes and comparing the Candida fungus that had been stored in formaldehyde since 1915, with the genetic codes of the post atom bombing in Japan, it became evident that low level radiation had mutated the simple one cell fungus.

This was the secret scientific precursor that finally forced all governments on earth to put their atmospheric nuclear testing underground because low level radiation was shown to mutate and change forever the very basis of our biological terrain, i.e. our ability to be alive.

Candida since that time has taken every opportunity due to this mutation to rapidly increase in population and this was aided since the 1940's with the advent of widespread antibiotic use which kills a large proportion of the biological terrain which then stops the checks and balances that maintain the terrain species balance which allows the population explosion of the unaffected species, namely Candida.

Once Candida levels get high enough they move out of their normal confined environment and populate the connective tissues and body fluids. This now is what we call a systemic problem and normally biological processes such as most of the gut bacterias, cannot now bring Candida back into its correct population parameters because the normal biological terrain does not populate the connective tissue, etc.

Obviously, since the allopathic medicine's panicle, namely antibiotics, is one of the most effective ways of creating an environment for this now mutated Candida to have its population explosion, it was impossible to publish or for the world at large to know, the great Candida secrets. Because how could any "Business" ever publicly state that its biggest money earner was creating more disease and un-health than it could ever possibly help.

So, through this mutation and antibiotic use, we've had the biggest biological disaster in the human body than ever before in the human history. This has lead to the cravings for sugars and grain, and those two food products in all their forms, have now become the dominant diet of the western population. Candida like the rest of us, wants to be fed.

The course of action:

Enter the B.O.D. strain of Bifidus – Latero Flora.

Candida was recognized in the natural health industry as a problem in the 1960's. And it was always associated with a known biological terrain decrease and so Acidophilus supplementation was always recommended. Why? Because Acidophilus was the only known bacteria that was commercially available that was a recognized part of our biological terrain. The recommendation of Acidophilus was a desperate attempt by the therapist to try to give some relief to some extremely sick people. Acidophilus and its near family such as L. Plantarium and L. Salivarius do help in rebuilding a healthy biological terrain but have no known effective reduction of systemic Candida outside of the digestive tract.

However, it became folklore and part of a belief structure in the natural health industry that if you have a Candida problem or any of its many symptoms, Acidophilus and its family was usually prescribed. Everybody was doing the best they knew how.

Back in 1972 an agricultural scientist by the name of Boyd O'Donnell (B.O. D.) was on sabbatical in Iceland and noticed the native farmers growing crops of corn that were 12 feet high each with 3 ears of corn. On another part of the field were tomatoes that we could not get two hands around. He asked the farmer what kind of seed he was using, thinking that these old Eskimos had a secret seed source but to his surprise they were using common old seed, the same as the every North American farmer was using. His interest aroused, he asked the farmers, how come their crops were so good. And the old Inuit Indians explained that the winter was very mild and the summer had come early, and the ice had melted back, exposing more of the tundra, than was normal. So they used this freshly exposed soil, which has not been exposed since before the last Ice age, to grow their crops on (this is possibly the only virgin soil on earth). And without any chemical or fertilizer they grew these amazing crops.

Being the good agriculturalist that he was he took a soil sample back with him to California, and on analysis the only thing he could find different was an unidentified soil borne bacteria that also populated the plant samples he brought back with him. He spent the next 15 years learning about this previously unknown bacteria, nearly went broke twice trying to fund his research, and figuring out production systems, and finally found a way to cultivate and freeze dry this bacteria safely without losing its inherent advantages.

It was used first in the early 1980's as an agricultural spray, which had the effect of making the soil and the crops extremely healthy and vigorous. The farmers loved it. However, once the crops were processed and packaged these little bacteria was dead on arrival. It has proven to be one of the most difficult finicky bacterias known, but Boyd persisted and identified its uniqueness to such an extent that he has been granted a worldwide license and patent on this natural bacteria. One of only 4 natural bacterias ever to be honored in this way.

One of the chance discoveries that his team of researchers found was that Candida fungus had no resistance to its presence. Trials were carried out in the human body and in every single case, systemic Candida loadings in the connective tissue and body fluids dropped dramatically when the patient took the B.O.D. strain of Bifidus.

As a result of the initial trials two major NY laboratories were commissioned to do extensive double blind trials. Results were that the BOD strain is the only known natural bacteria to lower Candida levels in the human body. Further trials have shown that the input of Acidophilus and its family of Bifidus taken into the body as the Candida loading drops, the biological terrain is rapidly brought back into harmony and the symptoms decrease.

However, it is only since the BOD strain has become available that we have been able to significantly reduce severe Candida problems. There is no debate about the BOD strain's effectiveness and this hole in the gut argument does not hold water. Whether we are talking about a rapid die off of systemic Candida loadings, which is not a gut wall problem in isolation, or a correction in the biological terrain of the gut, to construe that a gut wall problem is intensified by lowering systemic Candida loadings, is at best questionable science and at worst dangerous propaganda. Any imbalance in the body has to be brought back into balance and harmony to achieve full health and vitality.

I personally have treated in excess of 3,000 chronic Candida sufferers. I have been known in the past as the "Candida Man". I have had many MD's send me clients with chronic Candida symptoms and in every case by flooding the body with the BOD strain of Bifidus in a three-day process that I call saturation and following this up with biological terrain rebuilding with enzymes and the other natural bacterias, all chronic Candida symptoms have been alleviated.

The BOD strain is the only natural product that has ever been shown to bring systemic Candida problems under control. In all of those clients that I have used this process with, I have seen no known side effects but only health and vitality advantages. As a result of the BOD's effectiveness I was party to getting BOD strain into New Zealand and its development into one of the world's best natural yogurts which has now been recognized and recommended by doctors and hospitals.

I am not interested in debating one bacteria against another. They all have their place. I am only interested in good science and to me, good science is that which works, regardless of people's belief structures, dogma or vested interests. This is why I recommend strongly and passionately a saturation regime of the BOD strain for anybody with chronic Candida symptoms followed up by the Acidophilus, L. Plantarium, and L. Salivarius, in conjunction with enzymes and a total abstinence of grain and refined sugar in the diet. By saturation I would suggest taking 20 capsules a day for 3 days, followed by 5 capsules a day for 3 weeks, and then repeat the immersion of 20 per day for 3 days, and then continue with 2 per day to maintain Candida control.

After saturation with the BOD, I always carry the BOD on for another 3-6 months in conjunction with the other bacterias and enzymes but my advice is to put them into the body 12 hours opposed (i.e. BOD in the morning, the rest in the evening, or vice versa). That gives the BOD time to establish in isolation, which it prefers.

But please remember the BOD strain of Bifidus is a natural bacteria that used to be in every bit of soil on this planet, in every fruit, in every vegetable, and every animal God ever made. Low-level atmospheric nuclear radiation killed it and even now if we have an X-ray or Cat scan we will literally wipe it out of the body and have to start the process over again. It does not stay in the body even in the perfect environment. We used to get it with every mouthful but now we can only get it from the capsule. It is different, it is unique, I recognized its uniqueness when I first did the research and nothing that I have ever come across or observed in my clinic has changed that, on the contrary it has reinforced my passion for this great natural bacteria.

However, due to its effectiveness, there is a lot of professional jealousy and back stabbing, because it is a registered bacteria and nobody is allowed to produce it except Boyd O'Donnell.

Saturation level is a minimum of 20 a day preferably spread throughout the day for three days (2 every waking hour, or 10 in the morning, 10 in the evening), and then 5 a day for remainder of the month. If Candida symptoms still persist, repeat saturation, go another month on normal levels and if required, repeat saturation for a third time (only required for extremely difficult, persistent chronic cases). Three months after effective saturation, usage can drop to 1 capsule per day for the rest of your life. However, one antibiotic shot, X-ray, etc. and saturation will have to be reapplied.

The B.O.D. strain of Bifidus, otherwise known as Bacillus Laterosporus is available from:

Denie Hiestand

Email: info@vibrationalmedicine.com

Latero Flora

60 Capsules

Order Code: FL60

Retail: US\$24.95 / NZ\$45